Real locker-room talk

Forget Trump — athletes talking to youth about respect **metroLIFE**

Ottawa metro

Hey UN, a real female role model would have been better **metroNEWS**

Your essential daily news | MONDAY, OCTOBER 24, 2016

High 7°C/Low 1°C Cloudy

‘Fentanyl is in our community.’

162 — That’s the number of people in Ontario who died from a fentanyl overdose last year, but how many died this year is unknown. Metro talks to the people trying to get ahead of the crisis **metroNEWS**

Officer charged after racist comments

OTTAWA POLICE

Facebook posts on Inuit artist’s death spark public outcry

Haley Ritchie
Metro | Ottawa

An Ottawa Police sergeant has been charged after racist comments about the death of artist Annie Pootoogook were posted from a Facebook account under his name.

Sgt. Chris Hrnchiar has been charged with two counts of discreditable conduct. A hearing is set for Nov. 1.

Potential resolutions from the hearing could include suspension, demotion, reduced pay or education involving restorative justice. Hrnchiar, who worked in the police forensics unit, has not been suspended from work.

Pootoogook, 46, was an acclaimed Inuit artist originally from Cape Dorset.

A park worker found her body in Bordeleau Park and reported it to the police.

Her death was originally ruled not suspicious, but police are now investigating “suspicious elements” and trying to retrace her last steps.

> “She got drunk and fell in the river and drowned, who knows ...
> From Sgt. Chris Hrnchiar’s Facebook account

On Sept. 24, one day after the body found at the bank of the Rideau River was identified as Pootoogook, Hrnchiar posted a Facebook comment on a news article.

“And of course this has nothing to do with missing or murdered Aboriginal women,” he wrote. “it’s not a murder case.... it’s (sic) could be a suicide, accidental, she got drunk and fell in the river and drowned who knows....typically many Aboriginals have very short lifespans, talent or not.”

Hrnchiar posted a second comment, suggesting “much of the aboriginal population in Canada is just satisfied being alcohol or drug abusers.”

The comments sparked a public outcry and a call to end an Ottawa police oversight contract in the north.

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metro NEWS

Your essential daily news

Toy companies break down barriers to be more inclusive. **Business**

ALCOHOL

Campaign on for free-market suds

Adam Kveton
For Metro | Ottawa

An Ottawa man is hoping to get Ontarians frothy about liquor retailing, aiming to make the push for free-market alcohol an election issue.

Grant Dingwall began the "Free My Booze" campaign about six months ago, after getting hopping mad over the lack of political will in the province when it comes to the alcohol retailing system.

A hangover from prohibition, the sale of spirits has remained restricted to the government-owned LCBO while The Beer Store, owned by three foreign brewing corporations, has the exclusive right to sell most of the beer in the province.

"Our retailing system treats us like children, and needlessly makes life difficult for small businesses," said Dingwall.

For the past few months, Dingwall has been knocking on doors and meeting with local distilleries and beer brewers to get them pushing for an open system.

Though some members of the public cite the introduction of alcohol sales at some 60 grocery stores so far, and potentially 390 more to come, as sufficient change, Dingwall says he doesn't agree.

"It's such small potatoes for people to be happy with," he said. "We could be selling it in the 3,000 grocery stores in Ontario, and instead we are selling it in 450," said Dingwall, adding that the grocery stores shouldn't have to match the prices at The Beer Store and LCBO, but should be allowed to compete on pricing.

Nor is it enough to push for particular groups, like small-town grocery stores, to get the right to sell alcohol to boost their bottom line, he said.

"Every now and then I'll talk to a group who says, 'Oh, well what we really need is this,' and then they have a plan to sort of protect their own industry and carve out their own piece of the pie," said Dingwall. "And I say, 'Yeah, but that should be one part of an open system."

Dingwall disclosed that he is a researcher for the federal Conservative Party of Canada, but said his campaign is non-partisan and not related to his job or the federal Conservative campaign that seeks to take down interprovincial trade barriers for alcohol.

Grant Dingwall's 'Free My Booze' campaign calls for an end to the open alcohol market in Ontario, putting an end to retail systems in place since 1927. CONTRIBUTED

Winter doc shares stories from streets

DOCUMENTARY

Filmmaker to turn lens on city's homeless, mental health

Haley Ritchie
Metro | Ottawa

Filmmaker Stephen Coleman compares depression to the Ottawa winter — it's cold, dark and long and all our human instincts tell us to turn away and hide inside.

In December 2014, Coleman was stuck in the middle of a cold winter and a personal darkness when he decided to begin volunteering at Shepherd's of Good Hope on Murray Street in downtown Ottawa.

"I was so down and so hurt, I couldn't get out of bed most days. What happened is my problems started to become really small. I was trying to overcome them and I saw all this beauty and all these amazing things, but also huge challenges," he said.

Putting time in at the shelter, he watched frontline staff make change with limited resources and little recognition.

He also learned a lot about the shelter's clients — their struggles, successes and their stories.

As an amateur filmmaker, Coleman had a desire to share the feeling, and is now launching into production for "Cold Days" — a feature film that will explore the lives of people surviving Ottawa's streets in the cold.

"If you were to stop and really look at them, and behind them a curtain opened and their whole life was there. That's what this film will be.
Stephen Coleman

Amateur filmmaker **Stephen Coleman** shows off his filming setup in Minto Park, last Thursday. Coleman is working on a documentary about Ottawa's shelter clientele. VIKTORIYA BANKOVA/FOR METRO

"It's kind of as if you were walking by someone on the street — it's a cold night — and if you were to stop and really look at them, and behind them a curtain opened and their whole life was there behind them. That's what this film will be," he said.

"For a lot of people who are homeless, this is something that got in their way. It's not their fault, it's something that's happening to them — there's mental illness, there's addiction, there's loneliness."

Coleman wants the film to focus on the stories of a few individuals. His early trailer — titled "Demons" — features shiver-inducing winter footage, vistas of the dark city and interview clips from shelter clients and staff.

This winter Coleman plans to spend 30 days filming the bulk of the documentary on the street, living with his subjects.

With the help of a small but dedicated production group, he plans to release the film in winter 2017 with a screening at Ottawa shelters that his subjects will be invited to.

Fentanyl deaths up

HEALTH RISKS

Ontario saw 162 fatal overdoses last year, more ahead: Officials

Ryan Tumilty
Metro | Ottawa

At least a 162 people died in 2015 from a fentanyl overdose in Ontario, a number nearly double where it stood in 2010.

Public health officials fear the numbers are only continuing to rise in 2016 and Ottawa police have made seizures indicating the drug's presence in other narcotics.

Because testing for the drug can take months, there are no updated statistics for 2016.

According to the Ontario coroners' office in addition to the 162 cases where fentanyl overdoses was the primary cause of death, there were an additional 36 where a combination of fentanyl and alcohol resulted in fatal overdoses.

Pam Oickle, manager of Healthy Sexuality and the Risk Reduction Program with Ottawa Public Health, said reports indicate that fentanyl is showing up in other street drugs like cocaine and ecstasy, which greatly expands the risk.

"Fentanyl has become everybody's problem so everybody needs access to Naloxone," she said.

Naloxone is a medication that can reverse the effect of an opioid overdose and Ottawa Public Health has certified 200 drug users in its use, with positive results.

"We have had approximately 80 overdoses that have been reversed since we implemented the program," she said.

Oickle said they are going to need to go beyond that, which is why they're working with pharmacies that can now distribute Naloxone free of charge, under an Ontario government program.

She said more hard data on overdoses would help, because right now the organization only has anecdotal information.

"It's late and it makes it incredibly difficult to be responsive," she said.

"We know that the numbers are going up. We know that powdered fentanyl is in our community."

Ottawa police reported earlier this month that a sample of cocaine uncovered during a routine traffic stop in July also had fentanyl in it.

Testing to confirm that came back in October — three months later — and similar delays existed during autopsies.

Dr. Reuven Jhirad, Ontario's deputy chief coroner, said an outside lab is used to test samples in overdose cases, meaning it can take time to get results back.

He said labs are constantly working to improve, but they're also being confronted with new fentanyl variations, some of which don't yet show up in tests.

"They can detect their presence currently for some of the drugs, but for some we can't even detect the presence."

He said they're hopeful as they gain more information they will be able to help with the crisis.

"If we can do the right analysis and put it out then hopefully people can learn from it and we will start to see these numbers go down."

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Only One (75 mcg/h) System
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Fentanyl is legitimately used as a painkiller in patch form after surgery, but health officials are concerned about illegal street access to the drug as it's mixed with other narcotics.

THE ASSOCIATED PRESS

BYELECTION

Former colleagues run against each other

There is a lot connecting candidates in the Ottawa-Vanier byelection — to each other, and to the legislature.

The campaign got officially underway last week with a vote scheduled for Nov. 17.

Nathalie Des Rosiers will attempt to keep the riding in the Liberal fold, where it has been for decades. Des Rosiers is a dean at the University of Ottawa's law school and worked with Progressive Conservative candidate Andre Marin.

She said she and Marin would get along fine on the campaign trail, but simply represent different viewpoints.

"I have no problem with Andre Marin," she said. "I just think he chose the wrong party."

Des Rosiers said she got into the race because she wants to work with a government ready to solve problems and not simply complain about them.

"I am running because I really don't want the Conservatives to get into power in Ontario.

Claude Bisson, the NDP candidate, is looking to represent the riding and join his brother MPP Gilles Bisson (Timmins—James Bay) in the legislature.

Bisson said he hopes constituents will recognize his deep local roots.

"I have been in this riding now for over 30 years and I have done a lot of work in this riding," he said.

He said his brother is offering support, but the drive to represent the riding was all his.

"My brother and I are best friends, but he has almost nothing to do with me running."

RYAN TUMILTY / METRO OTTAWA

"I have no problem with Andre Marin. I just think he chose the wrong party.

Nathalie Des Rosiers

CARLETON UNIVERSITY

Researcher seeks environmentally-friendly gas extraction

Adam Kveton
For Metro | Ottawa

As renewable energy resources continue to develop and make use of fossil fuels, the manufacturing of them has to be made greener as well.

That's the contention of the Carleton University professor leading a new research project aimed at creating environmentally friendly methods and policies to get oil and gas out of the ground.

The project, headed by Carleton University engineering professor Matthew Johnson, recently received approximately $5.5 million in support over five years from the Natural Sciences and Engineering Research Council of Canada.

The project, now getting underway, will include participation from various universities, government agencies and petroleum producers across Canada in an effort to take a good, hard look at flaring.

Simply put, flaring is the burning of unwanted gases produced during the extraction and processing of fossil fuels.

"Satellite data suggests maybe 140 billion cubic metres of gas are flared annually," said Johnson. "That approaches five per cent of global natural gas production. So it's really a large amount."

Flaring is also a known source of pollutants, such as black carbon, which has strong effects on the Arctic and climate change in general, he said.

In addition, there are new concerns when it comes to the liquids used in fracking, which may also be flared.

The project is poised to look into these issues, both in the lab and in the field, in the hopes of providing strong information and recommendations on how new, greener techniques and policies might be made.

Research like this, not just into renewable energy, is a moral and fiscal responsibility, said Johnson.

"Approximately 81 per cent of our global energy is fossil fuel-derived today. And our need for energy is growing," said Johnson. In addition, he said the majority of the energy resources being added are fossil fuel-derived rather than renewable.

"Absolutely we'll support our solar power, and nuclear energy is badly needed, but you can't ignore the 80 per cent elephant in the room," he said.

CRIME

Police mark 16th homicide in Ottawa

Ottawa Police are investigating after a homicide early Saturday morning.

Joshua Briere, 26, was identified Saturday as the city's 16th homicide victim.

He was found suffering from stab wounds on Clyde Avenue.

Officers were called the scene at about 3 a.m. and rushed the man to hospital.

He succumbed to his injuries.

Major crime is investigating the homicide. Police are looking for anyone who has information to come forward.

METRO

RADIO

Host of LiVE 88.5 has died

A familiar voice for listeners of Ottawa's LiVE 88.5 station has gone silent.

The radio station announced the death of Andre "Katfish Morgan" Maisonneuve on Saturday.

The well-known host – who had worked on the station since it opened in 2005 – was very private about his battle with cancer.

He took time off in April with no explanation.

"Andre was a truly loyal friend to all who knew him," reads a brief message posted to the radio's website. "He had a real zeal and a 'lust for life' like no one we have ever known."

METRO

Techies, supercomputers take on cancer research

TECHNOLOGY

Not-for-profit geeks join efforts to find a cure

Adam Kveton
For Metro | Ottawa

In a small room in Hull, at an undisclosed location, a group of Ottawa-area geeks have built a supercomputer.

It's got hundreds of times the processing power of your average desktop, and will soon integrate high-end graphic processing units, similar to ones gamers use, but the techies' aim has nothing to do with virtual fantasy gameplay.

They hope to help cure cancer.

The way they plan to do that is based on a new word: bioinformatics.

Bioinformatics is the effort to store, analyze and understand the data acquired by studying the molecular structure and DNA of diseases. The amount of information being gathered is immense, and there is more and more of it on its way, according to groups like Compute Canada who build and make available supercomputers to all kinds of science researchers.

Cancer Computer, the name of the not-for-profit in the Ottawa area founded by Roy Chartier, is working on doing the same thing, but specifically for cancer research.

Asked why cancer specifically, he said, "I think that cancer is the greatest challenge to face our civilization."

Roy Chartier, founder of Cancer Computer, stands next to a stack of servers — each one named after the lost loved ones of donors or prominent scientists. ADAM KVETON/METRO

Chartier was first set on the idea after watching a six-hour PBS documentary, which left him wondering what he could do to help. He soon found his background in programming and technology engineering is highly needed.

Research is moving more and more into computer simulations, he said. "There is an explosion of data, and so far, no one is meeting that need." Luckily, he has just the skills to help.

Now Chartier, about 17 volunteers and a group of board members are making their supercomputer available to universities in the U.S. and cancer researchers anywhere, either for free or at highly discounted prices.

The group hopes to expand to another facility sometime next year, and start working specifically with Ottawa-area cancer researchers.

> "I think cancer is the greatest challenge to face our civilization."
> Roy Chartier

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WONDER WOMAN

UN criticized for new global ambassador

May Warren
Metro | Toronto

A Muslim superhero. A character representing the Cree community. Or, maybe, just maybe, a real woman.

The UN is in hot water after tapping Wonder Woman to be their global ambassador for women's empowerment — and some women in Canada have plenty of thoughts on people who may have been better choices.

Gabrielle Ross-Marquette, communications co-ordinator at METRAC in Toronto, a non-profit that combats violence against women and children, suggested Ms. Marvel (Kamala Khan), a 16-year-old Pakistani American who's the first Muslim superhero.

Or Cree superhero Equinox, who was created with input from the Moose Factory Cree community and has superpowers that change with the seasons.

Melanie Gallant, spokesperson for Oxfam Canada, a national organization that works to end poverty by promoting the rights of women and girls, said she's "happy to see a strong feminist icon chosen" but would have preferred a real woman who embodies some of the values the UN tries to promote around the world.

A large-breasted white woman of impossible proportions is perhaps not the best spokesperson for gender equity.

Petition to recall Wonder Woman's post with the UN

Someone like Viola Desmond, a Canadian woman who fought against racial segregation in Nova Scotia in the 1940s and 1950s

Nancy Coldham, co-chair of Equal Voice Toronto, which works to get more women elected in Canada, said she can see why the international body tapped Wonder Woman for the role.

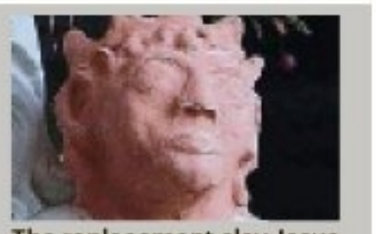
"They are trying to reach a tech-savvy audience," she said, adding comic book characters have been used around the world for worthy causes like promoting literacy and preventing bullying.

IN BRIEF

Stolen Christ head returned; orange replacement gone

The missing head of a statue of baby Jesus has been returned, and the bright orange clay head that replaced it has been removed.

The statue had recently been fitted with the temporary clay head — topped with a spiky orange crown — crafted by a local artist, which garnered international attention and was compared online to a character on The Simpsons. The head was returned by a woman who has not been identified. THE CANADIAN PRESS



The replacement clay Jesus head has been removed. THE CANADIAN PRESS

A May 9, 2016, photo shows German Chub, who was left paraplegic after he was shot during a conflict near a Canadian-owned mine in Guatemala. A report says the government should do more to address violence associated with Canadian mines. TORSTAR NEWS SERVICE

Violence rampant at Canadian mines: Report

LATIN AMERICA

Feds criticized for failing to address deaths and injuries

A new report that documents 15 years of violence near Canadian mines in Latin America says the federal government is not doing enough to address the problem.

The study, published Monday, charts 44 deaths, 403 injuries and 709 arrests, detentions and charges from 2000 to 2015 that the authors link to 28 Canadian companies' mining projects in 13 countries in the region.

"The world is taking notice of Canadian companies for all the wrong reasons," said Shin Imai, a law professor at York University's Osgoode Hall Law School and principal author of the report, titled The Canada Brand: Violence and Canadian Mining Companies in Latin America.

"We need a more robust way to hold companies accountable," he said.

Pierre Gratton, president of the Mining Association of Canada, which represents several of Canada's largest resource companies, said his members are committed to human rights and do disclose workplace injuries and fatalities in annual sustainability reporting.

Some Canadian companies work in "jurisdictions in which levels of violence are significantly higher, and respect for the rule of law lower, than that experienced in Canada, which is a challenge," Gratton said. "Our members don't condone violence nor, in many of these examples, is violence directly correlated to operations."

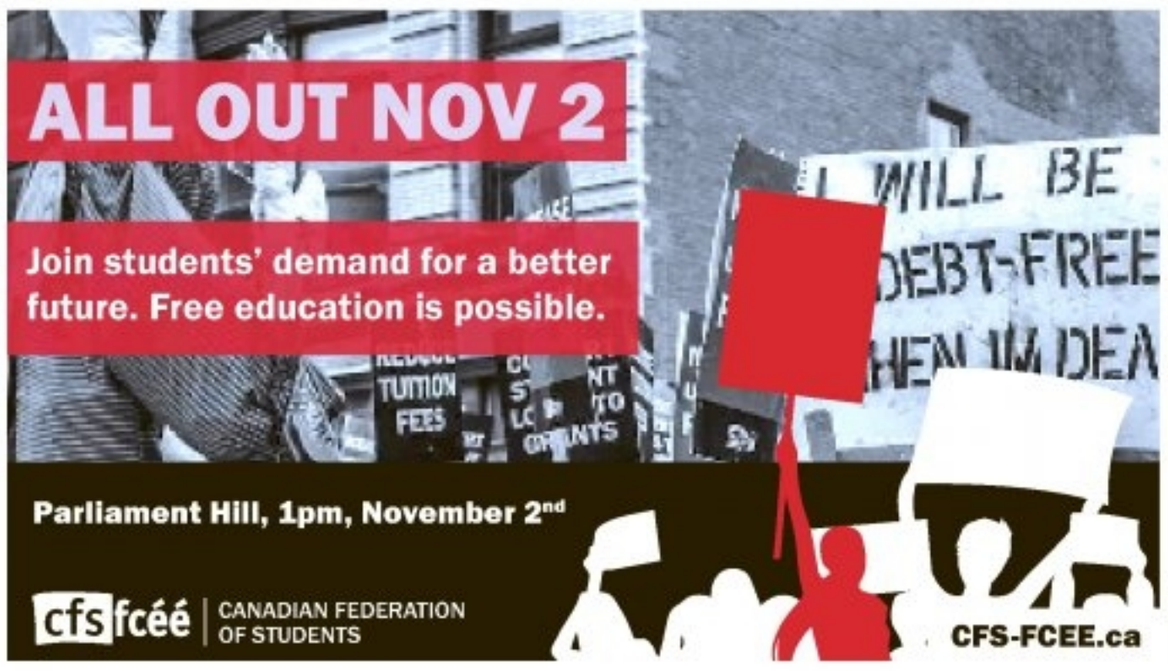
Ottawa requires that Canadian mining companies follow voluntary corporate social responsibility (CSR) codes in their overseas activity. The office of the federal CSR counsellor also works to "reduce and constructively resolve" conflicts between local communities and Canadian companies. That office does not conduct investigations nor have the power to sanction companies.

Most companies subscribe to what is known as "voluntary principles on security and human rights," Gratton said, a framework that requires companies to respect human rights, including in its dealings with police and security personnel.

The report found 33 deaths, 57 injuries and 37 arrests, detentions and charges in the data set that were linked to the projects of publicly listed Canadian companies.

These cases cannot be independently verified.

Canadian securities regulations oblige companies to disclose events that may affect the market value of their shares. Incidents of violence may not necessarily meet that standard and no law requires companies to disclose all incidents that happen near their overseas projects. TORSTAR NEWS SERVICE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‘The jungle is finished’

CALAIS, FRANCE

Thousands of migrants face the unknown as camp closes

Demonstrators throw back tear gas canisters to French riot police during clashes in a makeshift migrant camp known as “the jungle” near Calais, northern France. French authorities say the closure of the slum-like camp in Calais will start on Monday. THE ASSOCIATED PRESS

Migrants prayed, plotted and played soccer together Sunday, a day before France starts clearing them by the thousands from a makeshift refugee camp that is doomed for destruction.

But the scene that would pass for normal on another day at the slum-like camp in the northern port town of Calais nicknamed the “jungle” was anything but routine.

On Monday, 60 buses are set to transport 3,000 migrants to reception centres scattered around France. By week’s end, the camp is to be emptied and destroyed.

“Tomorrow the jungle is finished. You know it, right?” Enrika Kareivaite, a volunteer with aid group Care4Calais, told a group of migrants. Police and volunteers will be on hand, she said, “and we will ask you to leave with us together, OK?”

After nightfall, groups of migrants used portable toilets to set huge bonfires on a sandy no-man’s land on the camp’s edge that authorities carved out earlier this year to push camp inhabitants away from a road leading to port and ferries to England.

Scores of riot police were keeping watch, and some occasionally charged the groups igniting the flames.

The evacuation of at least 6,486 migrants — aid groups have estimated 8,300 — has been in the works for two months and is expected to take a week. It is unfolding as a complex ballet of lines, interviews, and bus rides to the unknown.

The people at the camp, who will be allowed to pick two regions of a country they don’t know as their intended destination, were just learning the details Sunday.

“The objective has been reached. We have more than 7,000 places. We have a place for everyone,” Calais’ social cohesion director Serge Szarzynski said Sunday.

But most migrants encountered were unaware of how the operation was to proceed and unsure where their next landing place would be.

Some people staying at the camp said they fear ending up in unwelcoming villages with few economic opportunities instead of cities, a real possibility.

“And there are rumours here that they are taking them to warehouses,” said Tariq Shinwari, a 26-year-old Afghan who has applied for asylum in France.

The camp that sprang up 18 months ago in the sand dunes near the Calais port is home to a population that fled wars and other crises, from Syria and Afghanistan to Eritrea and Ethiopia.

The heart of the chaotic camp has been a church built by Ethiopians. With two crosses that dominate the landscape and a carefully decorated interior, it offered a wellspring of hope for the faithful, including those who attended a special four-hour service on Sunday.

“This is a special service. The people are really fearing,” Salamin, a man who acts as church keeper and activity planner, said. Like many others on the cusp of the unknown, he gave only a single name. THE ASSOCIATED PRESS

HEALTH

Poles take to streets again to protest abortion restrictions

People protest against efforts to tighten an already restrictive abortion law on Sunday in Warsaw, Poland. AFP/GETTY IMAGES

Polish women put black clothes back on and returned to the streets Sunday, launching another round of protests against efforts by the nation’s conservative leaders to tighten Poland’s already restrictive abortion law.

A large group gathered outside the parliament building in Warsaw, decrying the Catholic Church’s influence on political life and chanting “We have had enough!” Similar protests took place in other cities across the country.

The street protests are expected to have their culmination on Monday, when some women are also planning a strike, boycotting jobs and classes.

Similar protests took place three weeks ago against a proposal for a total ban on abortion. Lawmakers rejected that proposal after massive crowds of women dressed in black staged streets protests under their umbrellas in the rain.

The latest round of demonstrations, held under the slogan “We are not folding up our umbrellas,” was organized in response to a new proposal that would fall short of a total ban, but outlaw abortions in cases where fetuses are unviable or badly damaged.

Jaroslaw Kaczynski, the head of the ruling Law and Justice party, said recently he wants a new law that would ensure that women carry their fetuses to term even in cases of Down syndrome or when there is no chance of survival. The move would allow for baptisms and burials, Kaczynski said.

THE ASSOCIATED PRESS

IN BRIEF

Iraq bans alcohol

Iraq’s parliament has passed a law forbidding the import, production or selling of alcoholic beverages in a surprise move that angered many in the country’s Christian community who rely on the business.

The law, passed late Saturday night, imposes a fine of up to 25 million Iraqi dinars, or $21,000, for anyone violating the ban. But it’s unclear how strictly the law would be enforced, and it could be struck down by the supreme court.

Islam forbids the consumption of alcohol, but it has always been available in Iraq’s larger cities, mainly from shops run by Christians.

THE ASSOCIATED PRESS

Tour bus hits truck, killing 13, injuring 31 in California

A tour bus slammed into the back of a semi-truck on a Southern California highway early Sunday, killing 13 people and injuring at least 31 others, some critically, authorities said.

The passenger bus was going much faster than the truck, said California Highway Patrol Border Division Chief Jim Abele.

“The speed of bus was so significant that the trailer itself entered about 15 feet into the bus,” he said.

THE ASSOCIATED PRESS

Haitian authorities recapture escaped inmates

Police officers were searching cars and boats for escaped prisoners on Sunday after recapturing at least a dozen of the 172 inmates who overpowered guards and escaped from a lock-up in central Haiti. The prison break occurred Saturday in Arcahaie, about 30 miles north of Haiti’s capital. THE ASSOCIATED PRESS

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Japanese retailer eyes Canadian expansion

BUSINESS

Muji opens first location with 'no frills' products

There is room for as many as 30 Muji stores in Canada, said the company's Japanese president, Satoru Matsuzaki, at the opening of the third store in the Toronto area at Yorkdale on Friday.

"We will open in Vancouver in 2017, and we are considering opening stores in Alberta and Quebec by 2020. In addition, we are thinking of opening two large flagship stores, in Toronto and Vancouver," said Matsuzaki.

At 6,375 square feet, the Yorkdale store is the largest of the three Muji stores in Canada, which include locations near Dundas Square, Toronto, and in Square One Shopping Centre in Mississauga.

Employees work at Muji's new store at Yorkdale Mall in Toronto, Ont. TORSTAR NEWS SERVICE

Muji is short for Mujirushi Ryohin (which translates as All Value No Frills), an expanding line of unbranded products — including apparel and homewares — designed to be functional, beautiful and reasonably priced.

"People are realizing that a large quantity of goods and functions will not necessarily make them happy," said Matsuzaki.

> **There is always a need for simple goods.**
> Satoru Matsuzaki

"But there is always a need for simple goods that will make one's life more comfortable."

The store opened Friday, next to Japanese apparel retailer Uniqlo, in a new wing at Yorkdale that also includes a three-storey Nordstrom.

The Yorkdale Muji includes an expanded apparel selection and a growing number of skincare products, Japanese snacks and candies and some furniture items, including the Beads Sofa, essentially a beanbag chair.

The location is the first to offer embroidery and style consultant services.

TORSTAR NEWS SERVICE

INCLUSIVENESS

Companies break the mould on toy diversity

Toy companies are working harder to think outside their usual box, offering more-inclusive items like dolls with disabilities, female superhero figures and characters with a range of skin tones.

Many of the products breaking down the barriers started with smaller businesses, but big names like Mattel and Hasbro are getting into the game and offering lots more options this holiday season.

What that means on the shelves is Barbies that have a greater variety of body types, eye colours and facial structures, a Lego mini-figure of a boy who uses a wheelchair, and an American Girl doll with accessories like a diabetes kit and arm crutches in addition to the hearing aids and service dogs it has offered before. Other items include coding toys, robots and circuit builder sets aimed at both girls and boys.

Barbie Fashionistas, from Mattel, on display at the annual TTPM Holiday Showcase, in New York. RICHARD DREW/THE ASSOCIATED PRESS

Increasingly, the inclusiveness in the toy aisle means dolls with disabilities. Toys R Us has carried an exclusive line since 2013 called Journey Girls, which includes a wheelchair and a crutch set. Its partnership with American Girl to carry the Truly Me collection starting this month will include dolls that also use crutches, diabetes kits and wheelchairs.

Experts say it's critical for children to play with toys that don't perpetuate stereotypes of what's considered beautiful.

"There's been some good progress, but there is a lot of work that needs to be done," said Elizabeth Sweet, a sociologist at California State University in Sacramento, California. "Kids need to see themselves in the toys and objects they interact with." THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Monday, October 24, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION
What do I say when people ask how much my engagement ring cost?

Dear Ellen,

Since getting engaged, my fiancé and I have had numerous questions from friends about how much the ring cost. I find this question offensive and I have refused to answer. My fiancé has given a ballpark figure (i.e., between $2,000 and $3,000). What is the right way to handle this question without sounding rude?

Engagement Ring Woes

Dear ERW,

I'm always struck by innately polite people who bend over backwards to protect the feelings of innately rude people. Then again, I suppose that's the definition of good manners: treating other people respectfully regardless of their own tactless, nosy, obtuse behaviour toward you.

Asking how much your ring cost is on the Top 11 List of Rude Questions That Should Never Be Asked. The other 10:

1. "Are you pregnant?"
2. "Why don't you have kids yet?"
3. "Are you having trouble getting pregnant?"
4. "Are you going to get married? (Which often comes complete with: "Why hasn't he/she/they asked yet?")
5. "How much did your house cost?"
6. "How much money do you earn?"
7. "Did you resign or

were you fired?"

8. "Is that what you're wearing?"
9. "I heard you guys split up — whose fault was it?"
10. "What is that thing on your face?"

I could list many more rude questions, of course, having once been a younger, tactless, nosy, obtuse person who asked many of them myself.

We think we're just being curious when we pose these queries. But what seems innocuous to us can feel like a gut punch to those who can't get pregnant, or who just got dumped, fired or diagnosed with a horrible facial-skin disease.

Back to the ring. You say you refuse to answer when people ask how much it cost, which is your right. But then you ask how to handle this question "without sounding rude?" This makes me wonder how you've been handling it so far. I'm going to assume you aren't telling people to shut the hell up and eff off.

Perhaps you're confusing the potential awkwardness of a polite but firm "no" with rudeness, because it makes people uncomfortable. But there's nothing wrong with replying, "I'd rather not say how much my ring costs." You don't have to add anything. You don't have to rush headlong into the silence to save anyone's feelings. If whoever asked the rude question has any sensitivity to social cues at all, they'll realize their mistake and learn from it. Thanks to you.

And if they're insensitive clods who persist ("C'mon, tell me. I really wanna know"), you can just smile and explain, as if to a small child: "I don't want to tell you and I'm not going to."

Best of luck with your nuptials. Just be prepared to have the same answer ready when you get asked how much the wedding cost.

Perhaps you're confusing the potential awkwardness of a polite but firm 'no' with rudeness

Need advice?
Email Ellen:
scene@metronews.ca

VICKY MOCHAMA

Wearing a 'nasty woman' shirt without harassment is a privilege available to white women

As a black woman, I will not be wearing a "nasty woman" T-shirt.

In the waning moments of the final presidential debate, Donald Trump called Hillary Clinton "such a nasty woman." Now, women — mostly white women — are reclaiming "nasty woman" and turning it into a capitalist empire: There are Nasty Woman cocktails, perfumes, tote bags and T-shirts. Some have donated their proceeds to charity. Others, well, just got paid.

There's an entire "nasty woman" economy but my credit card will be staying in my wallet.

The word "'nasty'" hypersexualizes and diminishes black women. It's a term of contempt. When the Beckys at the top of "Baby Got Back" take the measure of the black woman in their midst, the judgment they arrive at is clear: She's a nasty girl.

"I mean, her butt, is just so big

I can't believe it's just so round, it's like

Out there, I mean — gross. Look!

She's just so ... black!"

When they say "she looks like a total prostitute," they're echoing a racist, misogynist trope that's much more pervasive than you might realize. I don't know of a single black woman who hasn't been mistaken for a sex worker. Whether it's rambunctious white boys driving by to ask "How much?" or the Paris waiter who asked me to sit inside instead of alone on the patio, we're assumed to be available for purchase.

The freedom to wear a "nasty woman" shirt without being sexually accosted and harassed is a privilege available to white women.

White feminism can be alienating for non-white feminists. As writer Catherine Young explains, "White feminism is a set of beliefs that allows for the exclusion of issues that specifically affect women of colour.

"It is 'one size-fits all' feminism, where middle-class white women are the mould that others must fit."

White feminism looks like #LeanIn when black women can't get job interviews because their names are different. It sounds like Hillary Clinton saying "This all started in Seneca Falls," a women's rights convention where no black women were present.

Black women and other women of colour are routinely told that supporting Hillary is a feminist requirement when surely the only feminist requirement is dresses with pockets. Women of colour are being asked to set aside their valid concerns; we're being told to favour our gender over our race even when the world defines us by both.

So no "Nasty Woman" shirt for me. I'll just continue wearing my favourite shirt, which reads, "I met God. She's black."

metro
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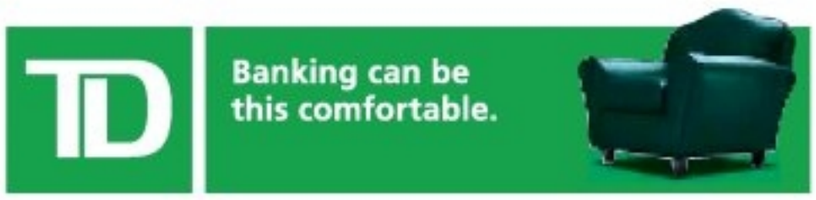

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metro LIFE

Your essential daily news

Monday, October 24, 2016

Famously straight-laced 17th-century sectarians who helped settle America weren't so priggish after all, says leading Puritan scholar Francis Bremer, who points to a love letter that John Winthrop wrote in 1618 to his wife as an example of Puritan passion.

AFTER THE GAME

Athletes say they call out vulgarity if they hear it

Perry King
For Metro Canada

Not in his locker room

Matt Black, the Argos' defensive back and kick returner, says he sees more guys giving back to the communities where they grew up than taking part in stereotypical, misogynist locker room behaviour. BERNARD WEIL/TORSTAR NEWS SERVICE FILE

The conversation Donald Trump had on a 2005 videotape, words he described as "locker-room talk," were definitely not the kind of words Mobeen Noormohamed would ever use.

Playing rec league hockey with the same guys for more than a decade, Noormohamed has seen the locker room as a place to connect with the guys he plays with, as well as an outlet to let off some steam.

"It is sometimes like a venting thing, talking about work or about life," said Noormohamed, from his Stouffville, Ont. home, "and the guys relate to that."

If they do talk about women, especially their spouses, it's kept tame. "Is it a lot of vulgarity? No, not really. At the same time, is it stuff that we would talk about with our spouses? Probably not," added Noormohamed, a husband and father of two.

In the Toronto Argonauts locker room, they talk about everything under the sun. Matt Black, the team's defensive back and kick returner, says he sees more guys giving back to the communities where they grew up than living up to the misogynist label associated with locker room behaviour attached to Trump.

"Just because it happens in a locker room doesn't make it OK for you to say something like that," said Black.

Noormohamed and Black have each heard minimal vulgar comments about women in their spaces, but Dr. Margery Holman from the University of Windsor argues that the behaviour is still very common. Researching about women and sport for years, Holman has found locker-room culture to be historically male-dominated, where misogynist behaviour can stew.

She said talking with utter vulgarity about women behind closed doors sends the message that feeling and thinking that way is OK and enables even worse behaviour in men, even violence, in the future.

"If you ask athletes, they might be reluctant to talk about it. Often it's something that's under the table. There's a lot of silence that shrouds it," she said.

Comparing that talk with hazing, Holman says the sports environment is protective and that many athletes still don't call out other men or confront the issue.

Mike Schaaf, who co-ordinates the MANifest Change program, a men's outreach effort organized by the Ottawa Coalition to End Violence Against Women, has reached out to about 2,000 people in the Ottawa area and thousands more via social media to discuss positive definitions of masculinity — which foster acceptance and builds better relationships with others.

Schaaf, who estimates that 1 in 3 women and 1 in 6 boys experience sexual violence, is well aware of the locker-room talk and understands the nature of it.

"As men, we are often under pressure to prove ourselves to other men by acting tough, bragging about sex with women, and showing willingness to use violence," he wrote in an email.

"We aren't satisfied with that definition of manhood because it underlies violence against women and violence among men."

Black feels it's important to also empower young women, to give them courage and support them if they suffer violence.

"Do what we need to do to empower young women, so that when something inappropriate happens to them, they know that it's OK to come forward and tell your story," Black said.

METRO ASKS

"What do you talk about in your locker room? "

PERRY KING FOR METRO

We're talking about whatever is going down that day. Sometimes we'll talk about females but we always stay respectable.
- Andrew Madeira-Silva

Usually about current games on TV or, maybe I'm childish, cartoons like any other person. I don't talk about any random groping like Donald Trump but I'm a human being. If I see a girl who's attractive, I'll bring it up to my homies."
- Khristopher Robinson

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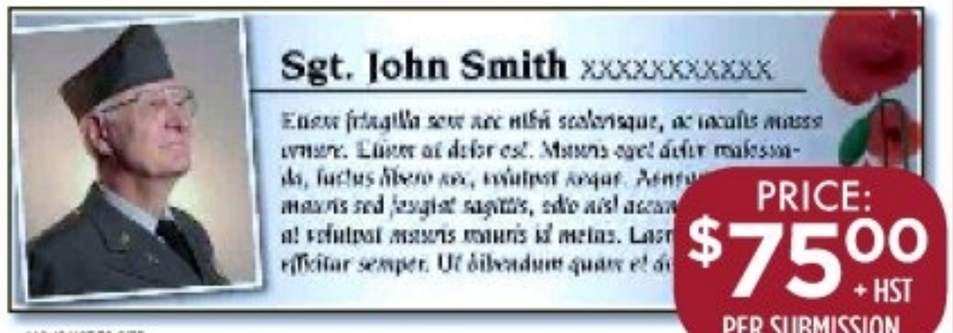

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An entire day off for 'money time'

ADVICE

Take a whole day to get your all finances back on track

Gail Vaz-Oxlade
For Metro Canada

Life's busy, isn't it? And so often we feel like there just isn't enough time to get everything done. Between work and schlepping the kids to their activities, dinner, laundry, the lawn and getting the car tuned up, where's the "me time"?

There's nothing like having a day off work. Whether you've booked it off to go on that school outing with the kids or to visit with a friend you haven't seen in years, those vacation days are treasures. Sometimes you have to take a sick day to get over a bad bout of the weekend. And sometimes you need a mental-health day to get yourself out of the miasma that life has swirled you into.

Imagine if you had a whole day to focus on your money and get it back on track. It'd be the day when you look at all the things that aren't just humming along and find ways to improve them.

What would you do on your Money Day?

1. Call your insurance broker and make sure you've got the best deal on your home and auto insurance. While you're at it, if you've been putting off putting life and disability insurance in place, get the ball rolling.

2. Add up your debts and make sure you're on track to get it paid off within a reasonable time frame. Haven't done a debt-repayment plan yet? Hey, this is the perfect day to do it.

3. Review your bank statements for your accounts and make sure you aren't paying too much in bank charges. Are you earning as much as you can on your savings? If not, look around online at the high-interest-rate options available to earn more money on your hard-earned savings.

4. Review your budget. You should do this at least once a year. Better yet, twice. Are you spending what you planned? Have some categories grown over the past few months, necessitating that you trim back elsewhere? Are there expenses that have crept up slowly and are now eating more of your money than you'd imagined? Get out the paring knife.

DEBT-FREE LIVING
Make a debt-repayment plan and focus on getting those debts paid off in a reasonable time frame.

5. Look over your retirement plan. Don't have one yet? Open up a retirement savings plan and start setting aside $25 a month for your future. Make a date (put it in your calendar) to up the amount to $50 a month because you've found a way to trim some money from your nice-to-have expenses. If you've been diligently saving for the future, review your investments and see if you're happy with the way things are going.

Your Money Day is also the day you put your will and your powers of attorney into place (finally!) and have a visit with your money team (investment advisor, insurance broker, etc.) to make sure they're keeping you front and centre in their minds. Hey, they're busy too. You have to make sure they're thinking about you.

Whatever needs tweaking, tweak. And if you're on track with where you wanted to be financially, imagine how fabulous you'll feel at day's end.

For more money advice, visit Gail's website at gailvazoxlade.com

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Gail Vaz-Oxlade outlines five ways to improve your finances in just one day. ISTOCK

Ways to cut costs as a wedding guest

WEDDING DEBT

Avoid blowing your savings by following these tips

There are times when it seems each week brings a new engagement announcement on Facebook, and every save-the-date card makes your long-held dream to backpack across Europe seem even more remote.

During your 20s or 30s, back-to-back weddings can turn a joyful occasion into one breathless swipe of a credit card after another. These festivities come right when most people are trying desperately to pay off our student loans, save for a house or move to a new apartment that's more Frasier and less Girls.

As much as you want to celebrate your friend or family member's love, you shouldn't blow your savings on their wedding. Just as important, you shouldn't feel guilty about turning down an invitation occasionally, even if that seems soul-crushingly awkward.

Follow these tips to emerge from your next string of weddings without credit card debt haunting you — unlike the groomsman who gave that embarrassing toast at the reception; his speech will follow him forever.

Set your own wedding budget

No rules state that you need to shell out $100 on every wedding gift, no matter how close you are to the bride or groom. Only you can determine how much you'll spend on each wedding, says Lizzie Post, etiquette expert and president of the Emily Post Institute. Set your own spending limit and prioritize the people who are most important to you. You'll avoid arriving at the destination wedding for co-worker No. 3 with a maxed-out credit card and a thick aura of resentment.

To start, choose a maximum wedding budget for the upcoming year or for the next several ceremonies you've been invited to. Include the total amount you plan to spend on travel, lodging, attire, gifts and additional pre-wedding events if you're a member of the bridal party.

As you plan your budget, make sure to keep at least a few hundred dollars in an emergency fund, and try not to carry a balance on your credit cards.

You can always (politely) decline

Say you decide $500 is a reasonable amount to allocate to wedding costs for the year. You'll now be able to accept invitations only to those events that fit your budget. That could mean attending your close friend's wedding in a different city but not your acquaintance's local one.

When you break the news, no need to explain that your budget is the culprit. A simple "no" RSVP and "I'm really sorry, but I won't be able to make it" is fine, Post says. If you're closer with the couple, say, "Between budget and schedule, I just really can't make it work." You should still send a gift, but use the tips below to save some cash.

Weddings also include many other events, such as engagement parties and bridal showers, and you have even more obligations if you're a bridesmaid or groomsman. Ask the best man or maid of honour how much the bachelor or bachelorette party will likely cost before committing. If you can't afford to go, you are hereby permitted to decline any pre-wedding events, even as a member of the bridal party.

"It's more important for you to be present with them on the big day," says Jennifer Spector, spokeswoman and director of brand strategy at Zola, a wedding registry website.

Keep gifts minimal

A "yes" RSVP means you'll attend the event and bring a gift unless the invitation explicitly says otherwise, Post says. This tradition holds true even for destination weddings. If you have to fly to the event and pay for a hotel, you're still on the hook for a present.

When you're on a budget, consider contributing to a group gift, Spector says, which might be an option through the couple's registry: Put $30 toward your friend's coveted KitchenAid stand mixer, for instance, instead of buying the whole thing.

Cookbooks and small household items are also solid lower-cost options, Post says. Handmade gifts can be cheaper and more personal, but they work best when you have a particular talent or craft that you're known for.

"If you're going to go the homemade route, it needs to really be special," Post says.

THE ASSOCIATED PRESS

As important as it is to celebrate your friend or family member's love, you shouldn't blow your budget doing it. ISTOCK

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metro SPORTS

Rumblings out of Chicago say catcher/outfielder Kyle Schwarber could return from April knee surgery to play a part in the World Series

Eagles dig talons into Bradford and Vikings

NFL

Philly racks up six sacks as Minnesota suffers first loss

Josh Huff returned a kickoff 98 yards for a touchdown, Carson Wentz outplayed Sam Bradford and the Philadelphia Eagles beat Minnesota 21-10 on Sunday, handing the Vikings their first loss of the season.

The Eagles (4-2) snapped a two-game losing streak while the rested Vikings (5-1) hardly looked like an unbeaten team after having a bye.

"I thought we played embarrassing in two phases," Vikings coach Mike Zimmer said. "I'm very disappointed in the performance.

Bradford returned to Philadelphia for the first time since his trade to Minnesota eight days before the season opener paved the way for Wentz to start. Bradford was 7-7 in his only season with the Eagles and won his first four starts for the Vikings.

But the Eagles pressured and harassed their former quarterback all game, sacked him six times, and forced his first three turnovers this season.

"I thought he missed some throws that he normally makes, but he got hit a lot," Zimmer said. "It's probably hard to evaluate his performance when (the offensive line) looks like a sieve."

Wentz also struggled early, tossing two interceptions. But he recovered to lead the Eagles on a couple of scoring drives, including a five-yard TD pass to Dorial Green-Beckham in the third quarter for an 18-3 lead.

"That's a great defence we played," Wentz said. "I have to be smarter with the football. We found a way to win. That's huge for us."

Both teams had a sloppy start. After combining for only three turnovers in 10 games, the teams traded giveaways on five consecutive series in the first quarter and totalled eight turnovers. The Vikings started two straight drives inside the red zone, but squandered both chances.

Blair Walsh hit a 48-yard field goal to give the Vikings a 3-0 lead before Huff broke loose for his second career touchdown return. Huff sprinted up the right side, ran through Walsh's attempted arm tackle at the 40, raced untouched to the end zone and capped it with a somersault. Wentz ran in from the 1 for the two-point conversion to give the Eagles an 8-3 lead.

THE ASSOCIATED PRESS

Rodney McLeod of the Eagles forces Vikings quarterback Sam Bradford to fumble as Mychal Kendricks applies pressure on Sunday in Philadelphia. RICH SCHULTZ/GETTY IMAGES

> **He's a kicker. I couldn't let a kicker tackle me or I'd be mad at myself.**
> The Eagles' Josh Huff on breaking the tackle of the Vikings' Blair Walsh en route to scoring a TD

WEEK 7 SCORES

THURSDAY
Packers 26, Bears 10
SUNDAY
Giants 17, Rams 10
Raiders 33, Jaguars 16
Jets 24, Ravens 16
Lions 20, Redskins 17
Bengals 31, Browns 17
Colts 34, Titans 26
Chiefs 27, Saints 21
Dolphins 28, Bills 25
Eagles 21, Vikings 10
Buccaneers 34, 49ers 17
Chargers 33, Falcons 30
Patriots 27, Steelers 16
Seahawks at Cardinals*
MONDAY
Texans at Broncos

*Sunday's late game

PREMIER LEAGUE

Mourinho humbled in return to Chelsea

Jose Mourinho was humiliated in his return to Chelsea as Manchester United's dithering defence was brutally exposed in a 4-0 loss Sunday by its ruthless hosts, who scored after only 30 seconds.

Mourinho endured chants of "You're not special anymore" from home fans at Stamford Bridge who adored the self-styled "Special One" when he was delivering trophies across two spells in charge of the London club.

Jose Mourinho GETTY IMAGES

With Gary Cahill, Eden Hazard and N'Golo Kante also scoring after Pedro Rodriguez's lightning opener, this capitulation by United was reminiscent of the gloomy final days of Mourinho's second Chelsea reign which was abruptly halted last December with his firing.

United is quickly discovering the managerial aura which saw Mourinho win trophies with FC Porto, Chelsea, Real Madrid and Inter Milan is not yet close to being restored.

THE ASSOCIATED PRESS

DIVISION TABLE

	W-D-L	GD.	Pts
Man. City	6-2-1	11	20
Arsenal	6-2-1	10	20
Liverpool	6-2-1	9	20
Chelsea	6-1-2	10	19
Tottenham	5-4-0	9	19
Everton	4-3-2	5	15
Man. United	4-2-3	1	14
S'hampton	3-4-2	3	13
Watford	3-3-3	0	12
Bournemouth	3-3-3	0	12
Crys. Palace	3-2-4	0	11
Leicester	3-2-4	-4	11
West Brom.	2-4-3	0	10
Burnley	3-1-5	-5	10
West Ham	3-1-5	-7	10
Stoke City	2-3-4	-7	9
Middlesbrough	1-4-4	-4	7
Hull City	2-1-6	-14	7
Swansea	1-2-6	-7	5
Sunderland	0-2-7	-10	2

Champions League
Europa League
Relegation

FORMULA ONE

Hamilton still in championship hunt

Lewis Hamilton got the victory he needed to keep his Formula One championship hopes alive, winning the U.S. Grand Prix for the fourth time in five years Sunday.

Hamilton cut Mercedes teammate and championship leader Nico Rosberg's points lead to 26 with three races to go. Rosberg finished second ahead of Red Bull's Daniel Ricciardo to maintain a relatively comfortable cushion over Hamilton in the title chase. THE ASSOCIATED PRESS

Lewis Hamilton celebrates in Austin, Texas, on Sunday. CLIVE MASON/GETTY IMAGES

IN BRIEF

Operation forces new Raptor to miss time

Forward Jared Sullinger will have a screw inserted into the fifth metatarsal in his left foot, the Toronto Raptors announced on Sunday afternoon.

The Raptors signed Sullinger as a free agent July 14. The four-year veteran has averaged 11.1 points, 7.7 rebounds in 258 regular-season games.

Toronto opens the season Wednesday when it hosts the Detroit Pistons.

THE CANADIAN PRESS

MLB PLAYOFFS

Cubs fans' loyalty finally paying off

With a mix of euphoria, relief and disbelief, long-suffering Chicago Cubs fans are shaking off superstitions and setting their sights on the team's first World Series in 71 years.

Loyal fans as far south as San Antonio, Texas, and as far west as Washington state restructured their worldviews to include the seductive possibility that they won't be disappointed again.

"For me, personally I had tears in my eyes. I've seen them come close," said Chicago native Jimmy Tingas, 47, who owns Wrigleyville Grill in San Antonio where he caters to homesick former Chicagoans. "We have one more task to do. I'm confident they're going to do it."

Chicago beat Los Angeles 5-0 in Game 6 of the National League Championship Series on Saturday night to set up a matchup against Cleveland. The World Series begins Tuesday.

THE ASSOCIATED PRESS

RECIPE Vegetarian Skillet Lasagna

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

You can switch up the veggies in this sauce, but do not skip the gooey cheese that covers the top of this one-pot lasagna.

Ready in 20 minutes
Prep time: 10 minutes
Cook time: 10 minutes
Serves 6

Ingredients
- 1 tbsp olive oil
- 1 onion, diced
- 3 cloves garlic, minced
- 1 medium zucchini, diced
- 1 tsp dried oregano
- salt and pepper
- 6 to 8 mushrooms, sliced
- 1 x 19 oz can of tomatoes
- 1 cup water
- 8 oz (250 grams) of dried pasta like farfalle
- 1 cup grated mozzarella
- 1 cup ricotta
- small handful of fresh basil

Directions

1. Warm up olive oil in a large skillet over medium heat. Add onions and garlic and allow to soften, about 3 minutes. Toss in zucchini, mushrooms and oregano. Stir occasionally 3 to 5 minutes until vegetables start to soften. Season with salt and pepper to taste.

2. Add tomatoes and break with the back of a spoon. Pour in water. Stir everything and bring to a simmer.

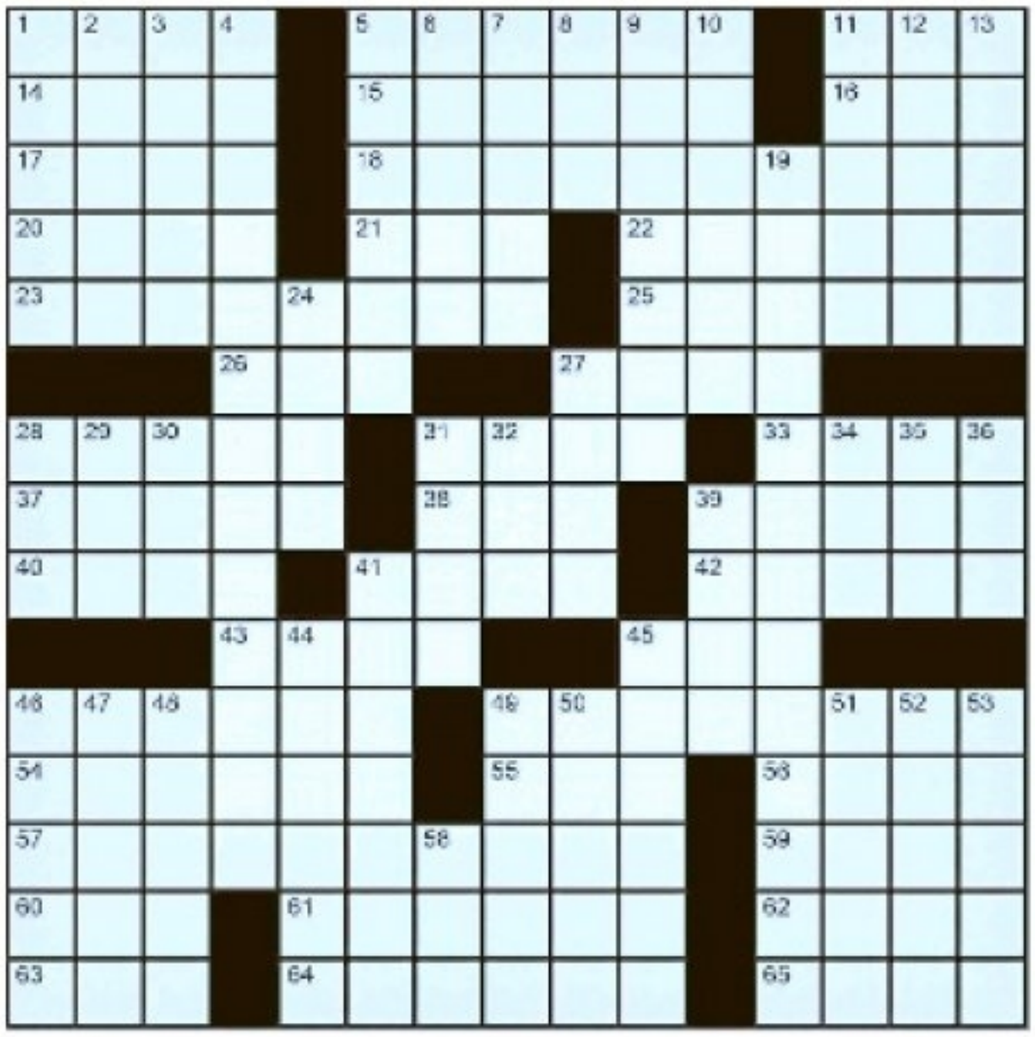
3. Pour pasta into the sauce and make sure it is submerged. Allow to simmer 15 minutes, stirring so it doesn't stick to the bottom.

4. When pasta is just about cooked, stir in mozzarella. Spoon ricotta over top of the dish. Cover the skillet for about 3 minutes to allow the cheese to warm through and soften. Sprinkle fresh basil before serving.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Ella Fitzgerald's singing specialty
5. Unpredictable result
11. NBA player in Ohio, for short
14. Story
15. High-__ fuel
16. The Altar constellation in space
17. Ms. Cummings of "Feed the Beast"
18. Park attraction in Victoria; or, a neighbourhood of Ottawa: 2 wds.
20. Like fine wine
21. Nova Scotia's __ Island, in Mahone Bay
22. Habituated
23. Droned delivery from the dais
25. Tart-tasting
26. Parked cars area
27. Cilantro, for one
28. Mr. Picasso
31. Traversed thing
33. Aware of the hoax: 2 wds.
37. Goodie
38. Following morn' time
39. Style
40. Talented tennis server
41. Essential part
42. Skillful
43. Branch balancer
45. "Close, __ no cigar!"
46. __ skiing (Resort recreation)
49. Supports a walk-a-thon
54. Domains
55. Communist leader of China, __ Zedong (b.1893 - d.1976)
56. Call it a day
57. "The Beachcombers" and "The Littlest Hobo", e.g.: 2 wds.
59. Reverse
60. Film __
61. Bathroom renovation replacement
62. Image
63. "Sure."
64. Records
65. Resist

DOWN
1. __ engine (Model train piece)
2. Shipment
3. Sci-Fi flick starring Sigourney Weaver
4. Sir John A. Macdonald is on it in your wallet: 3 wds.
5. Additionally: 2 wds.
6. 54-40's "__ Pearl"
7. Vampire impaler's weapon
8. Cul-de-quoi?
9. Squeakiness could mean a hinge is what?
10. Writer
11. Mummy's milieu
12. "Over the Rainbow" co-composer Harold
13. Canadian folk singer/songwriter of "Rock and Roll Song"
19. Cephalopod on menus in West Coast restaurants: 2 wds.
24. Beep!
27. Possesses, olde-style
28. Harper Valley, e.g.
29. Joan of what?
30. The Gees connecter
31. Bug killer brand
32. Frequently, short-style
34. Rob Roy's refusal
35. Pourboire
36. Food fragment
39. Human/goat forest deity
41. Continue with the trek: 2 wds.
44. Prisoner
45. Hikes up
46. Creative
47. Flood embankment
48. Accords
49. Cosmetic dentistry focus
50. One wearing out the carpet with worry
51. Weight unit
52. Get __ (Throw away)
53. __ silence
58. Puppy training order

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a wonderful, creative day for you! This is good news, because Aries is the artisan of the zodiac. You can do anything with your hands!

Taurus April 21 - May 21
Postpone important family discussions for another day, because today is a poor day to make a decision. Just get the facts and do your homework well.

Gemini May 22 - June 21
This is a good day to write or be creative. However, it's a poor day to shop for anything other than gas and food. This is not a good day for making important decisions or purchases.

Cancer June 22 - July 23
Avoid important financial decisions today. Do not shop for major items — just shop for food and gas. Postpone important purchases and decisions until tomorrow.

Leo July 24 - Aug. 23
This is a loosey-goosey day. Unfortunately, because it's Monday, you might try to begin something new or make a new decision. Don't do this; wait until tomorrow.

Virgo Aug. 24 - Sept. 23
Your efforts to research something or find a secret that you're looking for will be quite productive today. That's because it's easy for you to think outside of the box.

Libra Sept. 24 - Oct. 23
Enjoy schmoozing with friends today, because this is an easygoing (albeit goofy) day. Just hang out with people and have a good time.

Scorpio Oct. 24 - Nov. 22
Postpone important discussions with parents and bosses today, because whatever you initiate likely will not fulfill its purpose. Just go with the flow and keep treading water.

Sagittarius Nov. 23 - Dec. 21
Your appreciation of beauty is heightened today, which is why you will enjoy art galleries, museums, boutiques and beautiful parks. Take it easy today.

Capricorn Dec. 22 - Jan. 20
This is a poor day to make important financial decisions, especially about inheritances, taxes, debt and shared property. Wait until tomorrow.

Aquarius Jan. 21 - Feb. 19
A heart-to-heart talk with a close friend or a partner will be meaningful today because people are willing to let their hair down. They will take a chance on honesty.

Pisces
Feb. 20 - March 20
Your work scene will suffer from delays, poor decisions and inefficiency today. Just accept this and don't be hard on yourself or others. You will accomplish much more tomorrow.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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6				5				9
1			4		3			2
	8						3	
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	9		7		5		8	

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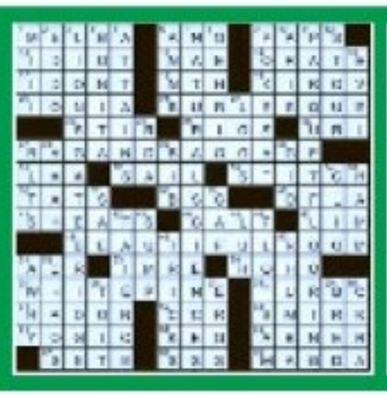

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6	9	7	8	2	3	5	1	4
1	6	5	2	9	7	3	4	8
8	7	4	5	3	6	9	2	1
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